Claims

- 1. A hard capsule filled with a solution containing an active ingredient, characterized in that the solution contains an inorganic chloride and has a water content (w) of $10 < w \le 80\%$ and a water activity (a) of $0.50 \le a \le 0.90$, and that the capsule is made of a base material containing a cellulose derivative.
- 2. A hard capsule as described in claim 1, wherein the cellulose derivative is one or more members selected from the group consisting of hydroxypropyl methylcellulose, methylcellulose, hydroxypropyl cellulose, and hydroxyethyl cellulose.
- 3. A hard capsule as described in claim 1 or 2, wherein the inorganic chloride is one or more members selected from the group consisting of sodium chloride, magnesium chloride, and calcium chloride.
- 4. A hard capsule as described in any one of claims 1 to 3, wherein the active ingredient is selected from the group consisting of an aqueous extract of a medicinal herb, an aqueous extract of animal- or plant-origin, and an aqueous extract of fermented matter.